

Information

Embargoed 00.01hrs 3rd May 2012

Marine Conservation Society Good Beach Guide Recommended Beaches

Every summer, water quality is assessed at popular UK beaches which have been designated as bathing waters under the European Bathing Water Directive (76/160/EEC). During the bathing season, mid-May to September in England and Wales and June to September in Scotland and Northern Ireland, samples are usually taken once a week by the relevant authority and tested for bacteria, which indicate the presence of pollution from sewage and/or animal waste.

At the end of the bathing season beaches must meet the legal minimum '**Mandatory**' standard, which sets values for total and faecal coliforms which must be achieved by 95% of samples taken.

Beaches should also endeavour to meet the stricter UK '**Guideline**' standard, which sets tighter values for total and faecal coliforms to be achieved by 80% of samples and a value for faecal streptococci to be achieved by 90% of samples.

In the **MCS Good Beach Guide**, we use all available water quality data¹ from the previous summer, along with information about the treatment of any local sewage discharges² to award beaches with our gold standard for excellent water quality '**MCS Recommended**'. To obtain this award, beaches must meet the following criteria:

- During the previous bathing season (i.e. 2011) the Guideline water quality standard was met, with the inclusion of any samples taken during wet weather which may have been removed from government assessments by legal means of the 'abnormal weather waiver'.

¹ MCS does not take any water quality samples ourselves; instead, we apply our own criteria to monitoring data provided by the following environmental regulators, local authorities and Governments; the Environment Agency, Scottish Environment Protection Agency, Northern Ireland Environment Agency, Dover Harbour Board, Borough of Poole, Wirral Council, The Highland Council, Swansea Council, Shetland Islands Council, Isle of Man Government, States of Jersey, States of Guernsey.

² Information regarding the treatment of local sewage discharges is provided to us by the following water companies; Dŵr Cymru Welsh Water, Scottish Water, Northern Ireland Water, South West Water, Wessex Water, Yorkshire Water, Northumbrian Water, United Utilities, Southern Water, Anglian Water, Guernsey Water, Isle of Man Water & Sewerage Authority, States of Jersey

Marine Conservation Society

Protecting our **seas, shores and wildlife**

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- 100% of samples taken during the previous bathing season, including samples taken during wet weather, must not have exceeded values set in the Mandatory standard.
- Any local continuous sewage discharges must be appropriately treated to remove the majority of bacteria and viruses using, as a minimum, secondary treatment.

Water samples are also sometimes taken on beaches which are not officially designated as bathing waters. At these beaches the regular sampling of the water is not a legal requirement, but is instead carried out on a voluntary basis by the beach owner or local authority. MCS prides itself on assessing any UK beach which is tested for water quality, whether the beach is designated or not. We also include results from Jersey, Guernsey and the Isle of Man who have adopted European standards to test water quality at popular beaches.

Please Note: in the table below, the number given to each beach (column 1) does not represent any form of grading or rank.

Beach Name	County	Country/Region
1 Weston-super-Mare - Sand Bay	North Somerset	South West
2 Brean	Somerset	South West
3 Berrow - North of Unity Farm	Somerset	South West
4 Blue Anchor West	Somerset	South West
5 Dunster North West	Somerset	South West
6 Porlock Weir	Somerset	South West
7 Bude – Sandymouth	Cornwall	South West
8 Bude – Crooklets	Cornwall	South West
9 Bude - Summerleaze	Cornwall	South West
10 Widemouth Sand	Cornwall	South West
11 Crackington Haven	Cornwall	South West
12 Trebarwith Strand	Cornwall	South West
13 Polzeath	Cornwall	South West
14 Daymer Bay	Cornwall	South West
15 Rock	Cornwall	South West
16 Harlyn Bay	Cornwall	South West
17 Mother Ivey's Bay	Cornwall	South West
18 Constantine Bay	Cornwall	South West
19 Treyarnon Bay	Cornwall	South West
20 Porthcothan	Cornwall	South West
21 Mawgan Porth	Cornwall	South West
22 Watergate Bay	Cornwall	South West
23 Lusty Glaze	Cornwall	South West
24 Newquay - Tolcarne	Cornwall	South West
25 Newquay - Great Western	Cornwall	South West
26 Newquay - Towan	Cornwall	South West
27 Newquay - Fistral	Cornwall	South West
28 Crantock	Cornwall	South West
29 Holywell Bay	Cornwall	South West
30 Perranporth Penhale Sands	Cornwall	South West

Beach Name	County	Country/Region
31 Perranporth Village End	Cornwall	South West
32 St Agnes - Trevaunance Cove	Cornwall	South West
33 Porthtowan	Cornwall	South West
34 Portreath	Cornwall	South West
35 The Towans - Godrevy	Cornwall	South West
36 The Towans - Hayle	Cornwall	South West
37 Carbis Bay - Porth Kidney	Cornwall	South West
38 Carbis Bay Beach (Station)	Cornwall	South West
39 St Ives - Porthminster	Cornwall	South West
40 St Ives - Porth Gwidden	Cornwall	South West
41 St Ives - Porthmeor	Cornwall	South West
42 Sennen Cove	Cornwall	South West
43 Porthcurno	Cornwall	South West
44 Mounts Bay - Heliport	Cornwall	South West
45 Mounts Bay - Penzance	Cornwall	South West
46 Mounts Bay - Marazion	Cornwall	South West
47 Perran Sands - Perranuthnoe	Cornwall	South West
48 Praa Sands West	Cornwall	South West
49 Praa Sands East	Cornwall	South West
50 Porthleven - West	Cornwall	South West
51 Church Cove	Cornwall	South West
52 Poldhu Cove	Cornwall	South West
53 Pollurian Cove	Cornwall	South West
54 Kennack Sands	Cornwall	South West
55 Porthoustock	Cornwall	South West
56 Porthallow	Cornwall	South West
57 Maen Porth	Cornwall	South West
58 Swanpool	Cornwall	South West
59 Gyllyngvase	Cornwall	South West
60 Pendower Beach	Cornwall	South West
61 Gorran Haven - Vault Beach	Cornwall	South West
62 Polstreath	Cornwall	South West
63 Pentewan Sands	Cornwall	South West
64 Porthpean	Cornwall	South West
65 Duporth Beach	Cornwall	South West
66 Charlestown	Cornwall	South West
67 Crinnis Beach - Leisure Centre	Cornwall	South West
68 Crinnis Beach - Golf Links	Cornwall	South West
69 Readymoney (Fowey)	Cornwall	South West
70 Looe - East	Cornwall	South West
71 Downderry	Cornwall	South West
72 Portwrinkle	Cornwall	South West
73 Cawsand Bay	Cornwall	South West
74 Kingsand Bay	Cornwall	South West
75 Ilfracombe - Tunnels Beach	Devon	South West
76 Barricane Bay - Woolacombe	Devon	South West
77 Putsborough	Devon	South West
78 Saunton Sands	Devon	South West
79 Westward Ho!	Devon	South West
80 Hartland Quay	Devon	South West
81 Plymouth Hoe - West	Devon	South West
82 Plymouth Hoe - East	Devon	South West
83 Bovisand Bay	Devon	South West

Beach Name	County	Country/Region
84 Wembury	Devon	South West
85 Challaborough	Devon	South West
86 Bigbury on Sea (North)	Devon	South West
87 Bigbury on Sea (South)	Devon	South West
88 Thurlestone - North	Devon	South West
89 Thurlestone - South	Devon	South West
90 Hope Cove	Devon	South West
91 Salcombe - South Sands	Devon	South West
92 Salcombe - North Sands	Devon	South West
93 Mill Bay	Devon	South West
94 Slapton Sands - Torcross	Devon	South West
95 Slapton Sands - Monument	Devon	South West
96 Blackpool Sands - Stoke Fleming	Devon	South West
97 Dartmouth Castle and Sugary Cove	Devon	South West
98 St Mary's Bay - Devon	Devon	South West
99 Shoalstone Beach	Devon	South West
100 Broadsands Beach	Devon	South West
101 Paignton - Paignton Sands	Devon	South West
102 Hollicombe	Devon	South West
103 Beacon Cove	Devon	South West
104 Meadfoot	Devon	South West
105 Anstey's Cove	Devon	South West
106 Babbacombe Bay	Devon	South West
107 Oddicombe Beach	Devon	South West
108 Maidencombe	Devon	South West
109 Ness Cove	Devon	South West
110 Shaldon	Devon	South West
111 Teignmouth - Town	Devon	South West
112 Dawlish - Coryton Cove	Devon	South West
113 Dawlish - Warren	Devon	South West
114 Exmouth	Devon	South West
115 Sandy Bay	Devon	South West
116 Sidmouth - Jacobs Ladder	Devon	South West
117 Sidmouth - Town	Devon	South West
118 Beer	Devon	South West
119 Seaton - Devon	Devon	South West
120 Charmouth - West	Dorset	South West
121 Seatown	Dorset	South West
122 Eypemouth	Dorset	South West
123 West Bay - West	Dorset	South West
124 Hive	Dorset	South West
125 Portland Harbour - Sandsfoot Castle	Dorset	South West
126 Portland Harbour - Castle Cove	Dorset	South West
127 Weymouth - Preston (Lodmoor)	Dorset	South West
128 Weymouth - Central	Dorset	South West
129 Church Ope Cove	Dorset	South West
130 Ringstead Bay	Dorset	South West
131 Durdle Door - West	Dorset	South West
132 Durdle Door - East	Dorset	South West
133 Swanage - Central	Dorset	South West
134 Studland Knoll House	Dorset	South West
135 Shell Bay North	Dorset	South West
136 Poole - Harbour Rockley Sand	Dorset	South West
137 Poole Harbour at Hamworthy Park	Dorset	South West
138 Poole - Harbour Lake	Dorset	South West

Beach Name	County	Country/Region
139 Poole - Sandbanks Peninsular	Dorset	South West
140 Poole - Shore Road	Dorset	South West
141 Poole - Canford Cliffs	Dorset	South West
142 Poole - Branksome Chine	Dorset	South West
143 Bournemouth - Alum Chine	Dorset	South West
144 Bournemouth - Durley Chine	Dorset	South West
145 Bournemouth - Pier	Dorset	South West
146 Bournemouth - Boscombe Pier	Dorset	South West
147 Bournemouth - Fisherman's Walk	Dorset	South West
148 Bournemouth - Southbourne	Dorset	South West
149 Bournemouth - Hengistbury West	Dorset	South West
150 Christchurch - Mudeford Sandbank East	Dorset	South West
151 Christchurch - Avon Beach	Dorset	South West
152 Christchurch - Friars Cliff	Dorset	South West
153 Christchurch - Highcliffe Castle	Dorset	South West
154 Highcliffe	Dorset	South West
155 Totland Bay	Isle of Wight	South East
156 Colwell Bay	Isle of Wight	South East
157 Gurnard	Isle of Wight	South East
158 Seagrove	Isle of Wight	South East
159 St Helens	Isle of Wight	South East
160 Sandown - Yaverland	Isle of Wight	South East
161 Sandown	Isle of Wight	South East
162 Shanklin	Isle of Wight	South East
163 Ventnor	Isle of Wight	South East
164 Compton Bay	Isle of Wight	South East
165 Christchurch Bay	Hampshire	South East
166 Milford-on-sea	Hampshire	South East
167 Lepe	Hampshire	South East
168 Calshot	Hampshire	South East
169 Lee-on-Solent	Hampshire	South East
170 Stokes Bay	Hampshire	South East
171 Southsea (300m West of EC Site)	Hampshire	South East
172 Old Portsmouth Beach (Victoria pier)	Hampshire	South East
173 Eastney	Hampshire	South East
174 Beachlands West	Hampshire	South East
175 Beachlands Central	Hampshire	South East
176 Eastoke	Hampshire	South East
177 West Wittering	West Sussex	South East
178 Bracklesham Bay	West Sussex	South East
179 Pagham	West Sussex	South East
180 Bognor Regis (Aldwick)	West Sussex	South East
181 Bognor Regis - East	West Sussex	South East
182 Felpham	West Sussex	South East
183 Littlehampton	West Sussex	South East
184 Worthing	West Sussex	South East
185 Southwick	East Sussex	South East
186 Hove West	East Sussex	South East
187 Hove	East Sussex	South East
188 Brighton - Kemp Town	East Sussex	South East
189 Brighton - Central	East Sussex	South East
190 Newhaven - West Quay	East Sussex	South East
191 Seaford	East Sussex	South East
192 Birling Gap	East Sussex	South East
193 Eastbourne	East Sussex	South East

Beach Name	County	Country/Region
194 Norman's Bay	East Sussex	South East
195 Cooden Beach	East Sussex	South East
196 St. Leonards	East Sussex	South East
197 Camber	East Sussex	South East
198 Dymchurch	Kent	South East
199 Hythe	Kent	South East
200 Sandgate Beach	Kent	South East
201 Dover Harbour	Kent	South East
202 St Margaret's Bay	Kent	South East
203 Sandwich Bay	Kent	South East
204 Ramsgate Sands	Kent	South East
205 Ramsgate Western Undercliff	Kent	South East
206 Stone Bay	Kent	South East
207 Botany Bay	Kent	South East
208 Margate - Fulsam Rock	Kent	South East
209 Margate - The Bay	Kent	South East
210 Westbrook Bay	Kent	South East
211 St. Mildred's Bay	Kent	South East
212 Westgate Bay	Kent	South East
213 Minnis Bay	Kent	South East
214 Herne Bay - Central	Kent	South East
215 Tankerton Beach	Kent	South East
216 Whitstable West Beach	Kent	South East
217 Southend - Westcliff Bay	Essex	South East
218 Southend - Three Shells	Essex	South East
219 Southend - Thorpe Bay	Essex	South East
220 Shoeburyness	Essex	South East
221 Shoebury East	Essex	South East
222 West Mersea	Essex	South East
223 Brightlingsea	Essex	South East
224 Jaywick	Essex	South East
225 Clacton - Martello Tower	Essex	South East
226 Clacton	Essex	South East
227 Holland	Essex	South East
228 Frinton	Essex	South East
229 Walton	Essex	South East
230 Dovercourt Bay	Essex	South East
231 Felixstowe - South	Suffolk	South East
232 Felixstowe - North	Suffolk	South East
233 Lowestoft - North of Claremont Pier	Suffolk	South East
234 Lowestoft - South of Claremont Pier	Suffolk	South East
235 Gorleston Beach	Norfolk	South East
236 Great Yarmouth South	Norfolk	South East
237 Great Yarmouth Pier	Norfolk	South East
238 Great Yarmouth North	Norfolk	South East
239 Caister Point	Norfolk	South East
240 Hemsby	Norfolk	South East
241 Sea Palling	Norfolk	South East
242 Mundesley	Norfolk	South East
243 Cromer	Norfolk	South East
244 East Runton	Norfolk	South East
245 Sheringham	Norfolk	South East
246 Wells	Norfolk	South East
247 Hunstanton (Old Hunstanton)	Norfolk	South East
248 Hunstanton Main Beach	Norfolk	South East

Beach Name	County	Country/Region
249 Skegness	Lincolnshire	North East
250 Ingoldmells South	Lincolnshire	North East
251 Chapel St Leonards	Lincolnshire	North East
252 Anderby	Lincolnshire	North East
253 Moggs Eye	Lincolnshire	North East
254 Sutton-on-Sea	Lincolnshire	North East
255 Mablethorpe Town	Lincolnshire	North East
256 Cleethorpes	Lincolnshire	North East
257 Withernsea	East Riding of Yorkshire	North East
258 Tunstall	East Riding of Yorkshire	North East
259 Skipsea	East Riding of Yorkshire	North East
260 Fraisthorpe	East Riding of Yorkshire	North East
261 Wilsthorpe	East Riding of Yorkshire	North East
262 Bridlington - North Beach	East Riding of Yorkshire	North East
263 Flamborough - South Landing	East Riding of Yorkshire	North East
264 Flamborough - Danes Dyke	East Riding of Yorkshire	North East
265 Reighton	North Yorkshire	North East
266 Filey	North Yorkshire	North East
267 Cayton Bay	North Yorkshire	North East
268 Scarborough North Bay	North Yorkshire	North East
269 Robin Hoods Bay	North Yorkshire	North East
270 Whitby	North Yorkshire	North East
271 Sandsend	North Yorkshire	North East
272 Runswick Bay	North Yorkshire	North East
273 Saltburn	Redcar and Cleveland	North East
274 Sea at Marske Sands	Redcar and Cleveland	North East
275 Redcar - Stray	Redcar and Cleveland	North East
276 Redcar - Granville	Redcar and Cleveland	North East
277 Redcar - Coatham	Redcar and Cleveland	North East
278 Seaton Carew - North Gare	Durham	North East
279 Seaton Carew - Centre	Durham	North East
280 Seaton Carew - North	Durham	North East
281 Crimdon - Park	Durham	North East
282 Seaham Hall Beach	Durham	North East
283 Seaham Beach	Durham	North East
284 Marsden	Tyne & Wear - South Tyneside	North East
285 South Shields	Tyne & Wear - South Tyneside	North East
286 Tynemouth - King Edwards Bay	Tyne & Wear - North Tyneside	North East
287 Tynemouth - Long Sands South	Tyne & Wear - North Tyneside	North East
288 Tynemouth - Long Sands North	Tyne & Wear - North Tyneside	North East
289 Tynemouth - Cullercoats	Tyne & Wear - North Tyneside	North East
290 Whitley Bay	Tyne & Wear - North Tyneside	North East
291 Seaton Sluice	Tyne & Wear - North Tyneside	North East
292 Blyth South Beach	Northumberland	North East
293 Newbiggin - South	Northumberland	North East
294 Newbiggin - North	Northumberland	North East
295 Druridge Bay North	Northumberland	North East
296 Druridge Bay South	Northumberland	North East
297 Amble Links	Northumberland	North East
298 Warkworth	Northumberland	North East
299 Beadnell Bay	Northumberland	North East
300 Seahouses North	Northumberland	North East
301 Bamburgh Castle	Northumberland	North East
302 St. Bees	Cumbria	North West
303 Silecroft	Cumbria	North West

Beach Name	County	Country/Region
304 Southport	Sefton	North West
305 Formby	Sefton	North West
306 Wallasey	Wirral	North West
307 Moreton	Wirral	North West
308 Meols	Wirral	North West
309 West Kirby	Wirral	North West
310 Point of Ayr, Lighthouse	Flintshire	Wales
311 Prestatyn Central	Denbighshire	Wales
312 Prestatyn Gronant Dunes	Denbighshire	Wales
313 Prestatyn Barkby Beach	Denbighshire	Wales
314 Prestatyn Ffrith Beach	Denbighshire	Wales
315 Kinmel Bay (Sandy Cove)	Conwy	Wales
316 Abergele - Pensarn	Conwy	Wales
317 Llanddulas	Conwy	Wales
318 Colwyn Bay	Conwy	Wales
319 Old Colwyn	Conwy	Wales
320 Penrhyn Bay	Conwy	Wales
321 Penmaenmawr	Conwy	Wales
322 Llanfairfechan	Conwy	Wales
323 Beaumaris	Isle of Anglesey	Wales
324 Llanddona	Isle of Anglesey	Wales
325 St. Davids, Benllech	Isle of Anglesey	Wales
326 Red Wharf Bay	Isle of Anglesey	Wales
327 Benllech	Isle of Anglesey	Wales
328 Moelfre	Isle of Anglesey	Wales
329 Traeth Lligwy	Isle of Anglesey	Wales
330 Porth Eilian, Amlwch	Isle of Anglesey	Wales
331 Cemaes	Isle of Anglesey	Wales
332 Cemaes - Traeth Bach	Isle of Anglesey	Wales
333 Cemlyn	Isle of Anglesey	Wales
334 Church Bay	Isle of Anglesey	Wales
335 Porth Trwyn	Isle of Anglesey	Wales
336 Porth Tywyn Mawr (Sandy Beach)	Isle of Anglesey	Wales
337 Porth Dafarch	Isle of Anglesey	Wales
338 Trearddur Bay	Isle of Anglesey	Wales
339 Rhoscolyn - Borth Wen	Isle of Anglesey	Wales
340 Rhoscolyn - Silver Bay	Isle of Anglesey	Wales
341 Llanfaelog - Porth Tyn Tywyn	Isle of Anglesey	Wales
342 Llanfaelog - Porth Nobla	Isle of Anglesey	Wales
343 Rhosneigr - Traeth Crigyll	Isle of Anglesey	Wales
344 Rhosneigr	Isle of Anglesey	Wales
345 Porth Trecastell	Isle of Anglesey	Wales
346 Aberffraw Bay (Traeth Mawr)	Isle of Anglesey	Wales
347 Llanddwyn Beach	Isle of Anglesey	Wales
348 Dinas Dinlle (Morfa Dinlle)	Gwynedd	Wales
349 Aberdaron Beach	Gwynedd	Wales
350 Abersoch	Gwynedd	Wales
351 Pwllheli	Gwynedd	Wales
352 Morfa Bychan (Craig Du)	Gwynedd	Wales
353 Harlech	Gwynedd	Wales
354 Llandanwg	Gwynedd	Wales
355 Dyffryn (Llanenddwyn)	Gwynedd	Wales
356 Tal-y-bont	Gwynedd	Wales
357 Fairbourne	Gwynedd	Wales
358 Tywyn	Gwynedd	Wales

Beach Name	County	Country/Region
359 Ynyslas - Northern Groyne (Sea)	Ceredigion	Wales
360 Borth	Ceredigion	Wales
361 Aberystwyth - North	Ceredigion	Wales
362 Llanrhystud	Ceredigion	Wales
363 Llansantffraid	Ceredigion	Wales
364 Llanon (Slipway)	Ceredigion	Wales
365 Aberaeron - South (Northern Groyne)	Ceredigion	Wales
366 Little Quay (Cei Bach)	Ceredigion	Wales
367 New Quay - North Beach	Ceredigion	Wales
368 New Quay - Harbour Beach	Ceredigion	Wales
369 Cwmydu	Ceredigion	Wales
370 Cilborth	Ceredigion	Wales
371 Llangrannog	Ceredigion	Wales
372 Penbryn	Ceredigion	Wales
373 Tresaith	Ceredigion	Wales
374 Aberporth	Ceredigion	Wales
375 Mwnt	Ceredigion	Wales
376 Poppit Sands - West	Pembrokeshire	Wales
377 Cwm yr Eglwys	Pembrokeshire	Wales
378 Aber Mawr Bay	Pembrokeshire	Wales
379 Abereiddy Bay - Slipway	Pembrokeshire	Wales
380 Whitesands	Pembrokeshire	Wales
381 Porthselau	Pembrokeshire	Wales
382 Caerfai Bay	Pembrokeshire	Wales
383 Newgale Sands	Pembrokeshire	Wales
384 Druidston Haven	Pembrokeshire	Wales
385 Broadhaven	Pembrokeshire	Wales
386 Little Haven	Pembrokeshire	Wales
387 Martin's Haven	Pembrokeshire	Wales
388 Marloes Sands	Pembrokeshire	Wales
389 Westdale	Pembrokeshire	Wales
390 Dale	Pembrokeshire	Wales
391 Sandy Haven	Pembrokeshire	Wales
392 West Angle Bay	Pembrokeshire	Wales
393 Freshwater West	Pembrokeshire	Wales
394 Broadhaven South	Pembrokeshire	Wales
395 Barafundle Bay	Pembrokeshire	Wales
396 Freshwater East	Pembrokeshire	Wales
397 Swanlake Bay	Pembrokeshire	Wales
398 Manorbier Bay	Pembrokeshire	Wales
399 Lydstep Haven	Pembrokeshire	Wales
400 Penally	Pembrokeshire	Wales
401 Priory Bay, Caldy Island	Pembrokeshire	Wales
402 Tenby - South	Pembrokeshire	Wales
403 Tenby - Castle Beach	Pembrokeshire	Wales
404 Tenby - North	Pembrokeshire	Wales
405 Waterwynch Bay	Pembrokeshire	Wales
406 Monkstone Beach (near tenby)	Pembrokeshire	Wales
407 Saundersfoot	Pembrokeshire	Wales
408 Coppet Hall	Pembrokeshire	Wales
409 Amroth	Pembrokeshire	Wales
410 Pendine Sands	Carmarthenshire	Wales
411 Pembrey Beach - Llanelli (Cefn Sidan)	Carmarthenshire	Wales
412 Rhossili Bay - Hillend	Seascale	Wales
413 Rhossili Bay	Swansea	Wales

Beach Name	County	Country/Region
414 Port Eynon	Swansea	Wales
415 Oxwich Bay	Swansea	Wales
416 Caswell Bay	Swansea	Wales
417 Langland Bay	Swansea	Wales
418 Limeslade Bay	Swansea	Wales
419 Bracelet Bay	Swansea	Wales
420 Porthcawl - Rest Bay	Bridgend	Wales
421 Porthcawl - Sandy Bay	Bridgend	Wales
422 Porthcawl - Trecco Bay	Bridgend	Wales
423 Ogmore Central	Vale of Glamorgan	Wales
424 Southerndown	Vale of Glamorgan	Wales
425 Llantwit Major Beach	Vale of Glamorgan	Wales
426 Fontygary Bay	Vale of Glamorgan	Wales
427 Watch House Bay, Barry	Vale of Glamorgan	Wales
428 Cold Knap, Barry	Vale of Glamorgan	Wales
429 Whitmore Bay, Barry	Vale of Glamorgan	Wales
430 Jacksons Bay, Barry	Vale of Glamorgan	Wales
431 Coldingham Bay	The Borders	Scotland
432 Thorntonloch	East Lothian	Scotland
433 Whitesands Bay	East Lothian	Scotland
434 Dunbar - Belhaven	East Lothian	Scotland
435 Peffersands	East Lothian	Scotland
436 Seacliff	East Lothian	Scotland
437 Yellowcraig	East Lothian	Scotland
438 Broadsands	East Lothian	Scotland
439 Gullane	East Lothian	Scotland
440 Elie (Ruby Bay)	Fife	Scotland
441 Roome Bay, Crail	Fife	Scotland
442 Kingsbarns	Fife	Scotland
443 Tentsmuir Sands	Fife	Scotland
444 Broughty Ferry	Dundee	Scotland
445 Monifieth	Angus	Scotland
446 Easthaven	Angus	Scotland
447 Arbroath - West Links	Angus	Scotland
448 Arbroath - Victoria Park	Angus	Scotland
449 Lunan Bay	Angus	Scotland
450 Montrose	Angus	Scotland
451 St. Cyrus	Aberdeenshire	Scotland
452 Rosehearty	Aberdeenshire	Scotland
453 Inverboydie	Aberdeenshire	Scotland
454 Cullen	Moray	Scotland
455 Hopeman	Moray	Scotland
456 Portmahomack	Highland	Scotland
457 Dornoch	Highland	Scotland
458 Embo Beach	Highland	Scotland
459 Golspie - North	Highland	Scotland
460 Dunnet Bay	Highland	Scotland
461 Findhorn	Highland	Scotland
462 Melvich Bay	Highland	Scotland
463 Strathy Bay	Highland	Scotland
464 Achmelvich Bay	Highland	Scotland
465 Sands of Breckon	Shetland	Scotland
466 St Ninians	Shetland	Scotland
467 West Voe Sands	Shetland	Scotland
468 Tresta Sands	Shetland	Scotland

Beach Name	County	Country/Region
469 West Sandwick	Shetland	Scotland
470 Ganavan	Argyle & Bute	Scotland
471 Machrihanish	Argyle & Bute	Scotland
472 Dunure	South Ayrshire	Scotland
473 Croy	South Ayrshire	Scotland
474 Culzean	South Ayrshire	Scotland
475 Maidens	South Ayrshire	Scotland
476 Magilligan Strand, Benone	Londonderry	Northern Ireland
477 Magilligan - Downhill	Londonderry	Northern Ireland
478 Castlerock	Londonderry	Northern Ireland
479 Portstewart (The Strand)	Londonderry	Northern Ireland
480 Portrush - Mill (West) Strand	Antrim	Northern Ireland
481 Portrush - Whiterocks	Antrim	Northern Ireland
482 Portballintrae (Salmon Rock)	Antrim	Northern Ireland
483 Portrush - Curran (East) Strand	Antrim	Northern Ireland
484 Waterfoot	Antrim	Northern Ireland
485 Helen's Bay	Down	Northern Ireland
486 Crawfordsburn, Bangor	Down	Northern Ireland
487 Groomsport	Down	Northern Ireland
488 Millisle Lagoon	Down	Northern Ireland
489 Ballywalter	Down	Northern Ireland
490 Tyrella	Down	Northern Ireland
491 Cranfield - Nicholsons Strand	Down	Northern Ireland
492 Castletown	Isle of Man	Isle of Man
493 Derbyhaven	Isle of Man	Isle of Man
494 Saint's Bay	Guernsey	Channel Islands
495 Portelet Bay	Guernsey	Channel Islands
496 L'Eree	Guernsey	Channel Islands
497 Vazon	Guernsey	Channel Islands
498 Cobo Beach	Guernsey	Channel Islands
499 Grandes Rocques	Guernsey	Channel Islands
500 Port Soif Bay	Guernsey	Channel Islands
501 Ladies Bay	Guernsey	Channel Islands
502 Le Braye	Jersey	Channel Islands
503 Watersplash	Jersey	Channel Islands
504 Beauport	Jersey	Channel Islands
505 Portelet	Jersey	Channel Islands
506 Havre des Pas	Jersey	Channel Islands
507 Grouville	Jersey	Channel Islands
508 Green Island	Jersey	Channel Islands
509 L'Archirondel	Jersey	Channel Islands
510 Bouley Bay	Jersey	Channel Islands
511 Greve de Lecq	Jersey	Channel Islands
512 Plemont	Jersey	Channel Islands
513 La Haule	Jersey	Channel Islands
514 Victoria Pool	Jersey	Channel Islands
515 Rozel	Jersey	Channel Islands
516 Bonne Nuit	Jersey	Channel Islands